

Virginia Cooperative Extension

A partnership of Virginia Tech and Virginia State University



College of Agriculture



Prince William County Office
8033 Ashton Avenue, Suite 105
Manassas, VA 20109
703/792-6289 Fax: 703/792-4630
www.ext.vt.edu/offices/prince.william

2012 4-H Project Day for Kids!

Saturday, January 28, 2012

Saunders Middle School

Check-In Time: 9:00 - 9:15 am

Workshops Held: 9:30am - 2:30pm

Did you know that 4-H is our nation's largest youth development organization and reaches 7 million young people in more than 70 countries around the world? Join us for a day of global learning as the Juniors travel around the 4-H curriculum and the Cloverbuds experience international culture through hands on learning. 4-H Project Day is an educational event open to all youth ages 5-12 to participate in workshops highlighting 4-H curriculum in the science and technology, safety, and visual arts. Youth will learn new skills and take home completed projects.

- **Teens ages 13-19 are needed as volunteers.** Please email Mrs. Lerch at mlerch@pwcgov.org to sign up!
- Registration is required. See attached form. Registrations and \$20.00 per participant fee are due **no later than Wednesday, January 25, 2012.** Checks payable to **Prince William 4-H.**
- A completed 4-H Health History form is required for each child. Please **PACK A BAG LUNCH!**

Saunders Middle School is located at 13557 Spriggs Road, Manassas, VA 20112:

Directions from Bristow/Gainesville/Bristow/Manassas:

Take Route 234 South to Spriggs Road, continue north on Spriggs Road, pass Minnieville Road and Hylton High School, Saunders Middle School will be on the right.

Directions from Woodbridge/Lake Ridge:

Take Minnieville Road to Spriggs Road, turn right. You will pass Hylton High School on the right, Saunders Middle School will be $\frac{1}{4}$ mile on the right.

Directions from Dumfries/Quantico/Triangle:

Take Route 234 North to Spriggs Road, continue north on Spriggs Road, pass Minnieville Road and Hylton High.



Join our 4-H Community Service Donation Project: Pennies for 4-Hers

We will be collecting pennies for two Chesterfield County 4-H Teens. This brother and sister were injured in a serious car accident on December 15, 2011. The family has incurred tremendous medical bills with two children having been hospitalized and now going through surgeries and therapy. Please bring your pennies to deposit in our *wishing them "well"* for our fellow 4-Hers.

www.ext.vt.edu

Virginia Cooperative Extension programs and employment are open to all, regardless of race, color, national origin, sex, religion, age, disability, political beliefs, sexual orientation, or marital or family status. An equal opportunity/affirmative action employer. If you are a person with a disability and desire any assistive devices, services or other accommodations to participate in this activity, please contact Cindy Puryear at the Prince William 4-H office during business hours of 8 a.m. and 5 p.m. at 703-792-4780 to discuss accommodations 5 days prior to the event.

4-H Project Day 2012 Workshops

1. **Duct Tape Art** - Create unique works of art using colorful duct tape.
2. **Money Matters**—Learn real life money management skills.
3. **Crime Scene Investigation**- Solve a mystery by collecting evidence. Enjoy exciting crime scene investigative activities.
4. **Grab Bag Art**- Be surprised at all the things that you can choose from to create in this class. Make your own take home craft from a multiple of choices.
5. **Henna Tattoos**- Create a design on paper or have class leaders apply temporary tattoo-parental permission required-see registration form.
6. **Jewelry Making**-Let your creativity go and design your own jewelry to wear or give away.
7. **Natural Beauty Spa**- Make your own bath salts, soap, and/or face mask out of all natural products.
8. **Natural Make Up**-Look your best the natural way!
9. **Make a better batter....and toppings**- Make fun shapes and create unique topping ideas as you make your tasty snack treat.
10. **Pinecone Fire Starters**-Bring your broken crayons and create colorful fire starters out of pinecones. Great winter gifts!
11. **Polymer Project**-It oozes, and creeps and slides! Is it a solid or a liquid? It's a Polymer! Young scientists will make slimy creations while discovering how polymers affect our environment.
12. **Put Your Best Foot Forward**-18th Century country dancing was all the rage in Colonial Virginia homes. Put your best foot forward and learn the steps. Learn customs and etiquette while having fun!
13. **Puzzling Image**- Make a mirror for your locker or bedroom or as a gift, using colored and natural puzzle pieces.
14. **Quilling** - Create unique art using strip of paper
15. **Be Prepared!**—You never know when you might need a rope. Create your very own 14' Para cord survival bracelet. Because stuff happens.....
16. **T-Shirt Tote Bags**- Transform new county fair t-shirts into useful tote bag.
17. **Winter's Day Drink Mixes**-Concoct some tasty tea and hot chocolate mixes to enjoy and share!
18. **ZumbAtomic**- An innovative fitness/dance class for youth. Offered for two morning sessions only. Classes will be filled as registrations are received.
19. **There's No New Water**- Become a rain drop and travel through the watershed. See where you end.
20. **Global Positioning Systems**-Learn about GPS and use receivers to find hidden fun!



2012 4-H Project Day Registration Junior Program Ages 9-12



Name: _____ Date of Birth: _____

Address: _____ Grade: _____

City/State/Zip: _____ email: _____ Phone: _____

Parent Permission (to receive Henna Tattoo-Class #5) _____

Workshop Choices: Select six; you will receive four. (See attached workshop descriptions document)

1st Choice _____

4th Choice _____

2nd Choice _____

5th Choice _____

3rd Choice _____

6th Choice _____



Don't Forget to Pack a Lunch!

Mail in this registration form along with the enclosed payment and forms to:

- \$20.00 registration fee per child, checks payable to Prince William 4-H.
- 4-H Health History form (see attached form)

Prince William 4-H
Attn: 2012 Project Day
8033 Ashton Avenue Suite 105
Manassas, VA 20109

Deadline for registration is Wednesday, January 25, 2012.



2012 4-H Project Day Registration Cloverbud Program Ages 5-8



Name: _____ Date of Birth: _____

Address: _____ Grade: _____

City/State/Zip: _____ email: _____ Phone: _____

Cloverbud Program: "Around the World"

Participants will rotate through five different hands-on experiences that will teach about world culture and traditions.



Don't Forget to Pack a Lunch!

Mail in this registration form along with the enclosed payment and forms to:

- \$20.00 registration fee per child, checks payable to Prince William 4-H.
- 4-H Health History form (see attached form)

Prince William 4-H
Attn: 2012 Project Day
8033 Ashton Avenue Suite 105
Manassas, VA 20109

Deadline for registration is Wednesday, January 25, 2012.